Project Mission: A snapshot of the project's intention

Tranquiliti's mission is to put wellbeing at the heart of schools. We support students and staff to understand and manage mental wellbeing, and give schools the necessary data to make informed, strategic decisions around student wellbeing.

Where are we now? Highlight the problem you are addressing – the reality, pictures, statistics, stories.

Tranquiliti is addressing the shortcomings that schools face in addressing the mental health difficulties experienced by their students.

Only a third of those referred to CAMHS receive support within the year they seek support, and 75% of young people with mental health concerns do not receive the appropriate support at a sufficiently early stage. The average time between the symptoms of a mental health problem first appearing and a young person receiving support is 10 years.

1 in 4 girls have self-harmed before the age of fourteen and in most of these cases the individual will not receive any professional support. Increasingly, young people are looking for support in services such as Calm Harm.

Schools are struggling to cope with the crisis. It is the top concern for over 2/3rds of headteachers. This problem is worsening with the introduction of harder GCSE's and examinations, which are leading teachers to claim "I have never, in over 20 years of teaching, seen pupils suffer with so much anxiety and other symptoms of poor mental health in the run up to exams"

In addition, school staff are experiencing poor mental wellbeing. This has resulted in calls for "whole school" approaches to mental wellbeing that ensure staff are stable enough to support the students.

A solution for schools must address all of these issues, and help students and staff to support themselves, as well as helping schools support their staff and students.

What is the underlying problem? You must clearly highlight the problem that you are attempting to solve and for whom.

The problems we are focussing on are schools not having the capacity or expertise to understand and support large numbers of their students, and students themselves not having a sufficiently good understanding of their own mental wellbeing.

Schools increasingly make decisions based on data, but schools have limited access to data around student and staff wellbeing. This makes it difficult for schools to change the way they operate to benefit wellbeing as it struggles to evidence the impact. Furthermore, schools can only provide close support to a handful of students who are known to struggle with safeguarding and mental health concerns. This means there are many students from the ages of 11 to 16 who slip into crisis without schools noticing or intervening.

Young people would be more adept at reaching out for support if they had better understanding of mental wellbeing. 51% of young people with mental health difficulties didn't reach out for support last year because they didn't understand what was going on. Digital technologies could play a part in providing this understanding but currently they are mainly designed for those who already recognise they have difficulties.

We are addressing the lack the information and capacity schools have in understanding and supporting the wellbeing of their students. We are also helping students to have a better understanding of the experiences which impact their mental wellbeing so they can manage their own needs and reach out for support when necessary.

The Solution to the Complication is the substance of your main point. This is where you explain what you do or have done already and what you plan to do.

Tranquiliti is a whole school wellbeing system which supports schools to understand and improve the welfare of students and staff.

Tranquiliti provides a digital tool to every student and teacher. The tool builds a picture of every individual by asking them questions about their wellbeing and by drawing on school data. It then guides personalised reflections on their experiences, helping them understand and improve their wellbeing.

The data from the reflections is collected and analysed, giving pastoral staff and senior staff a continuous and detailed picture of the wellbeing of the individuals in their schools. By relating the reflections and wellbeing data with school data (performance, behaviour, timetables etc), staff and students can see the relation between school life and wellbeing, and mental wellbeing can be measured alongside other key metrics. These insights will enable pastoral staff to provide targeted support to their students, and allow senior leaders to make decisions which are informed by the wellbeing of all individuals.

So far we have worked closely with a handful of schools and The Children's Society to design our system, in particular starting with the student-facing tool. We are currently developing the student app for a pilot in the next academic year. During that year we will work with students to refine their experience of the service, with staff to research and design the teacher facing tool, and with senior staff to co-design the insights Tranquiliti generates. After this pilot year we will launch our full service.

How would the Stephen Lloyd Award network of partners' support be beneficial to your project? (250 words max)*

We are currently beginning an SEIS fundraising round, and will need to complete another fundraising round at the end of our pilot. The individuals and organisations who are in the network, such as Bridges Ventures and Big Issue Invest, would be able to offer us excellent advice on what investors will be looking for, and how we can best prepare for those conversations. There are also partners who would be particularly useful at supporting us with our long-term financial and strategic planning, such as PwC.

Legal support is another area where the partners could offer significant support. We are currently receiving support from Hogan Lovells through their BaSE programme to ensure we are compliant with Data Protection regulations. However, this support is due to end in the next month, and due to the nature of our service, this will be an issue we will need continuing advice and support on.

A significant part of our strategy as an organisation is to partner with existing school management information system and safeguarding softwares so that we can reach a large number of schools quickly. The legal specialists in the partner network would be very useful in helping us in these negotiations.

Team: We would like to learn a little more about the individual or team invested into the project. What are your individual credentials? Is there a story behind how you or your team all came together to support the project?)75 words max)*

George and Aaron began Tranquiliti in January 2018 after Year Here. During the programme they worked in schools and saw the need.

George has worked in the innovation team at New Philanthropy Capital, contributing to their youth-focused tech for good projects. Aaron worked as a Learner Manager at the School for Social Entrepreneurs where he led their Lloyds Bank Startup Programme, among others.

We have completed BGV, and have long-term support from The Children's Society.